




Our Offers

 Coaching & Mentoring

 Leadership Development

 Primary Care

 Systems Leadership

Introduction to Leadership and Management Series

5 Workshops – each 3 hours

Our Introduction to Leadership and Management Series 2023-24 provides support and development interventions using a variety of engaging scenarios and techniques to explore the day-to-day challenges identified by leaders and managers on the ground in front-line health and care roles. You can book for the whole series or the workshops that are of most interest to you.





Cohort 2: The first session is being held on Tuesday 07 November 9:30 am - 12:30 pm.

Cohort 3: The first session is being held on Thursday 16 November 9:30 am - 12:30 pm

Target Audience: Aspiring and emerging leaders

[Please click here to book and to see all workshop dates](#)

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<p>The school for Change Agent</p> <p>Would you like to develop the skills to make a difference and create change in health and care?</p> <p>Target Audience: anyone working in health and care, at whatever level in a clinical or non-clinical role – everyone is welcome.</p> <p>Monday 13 November</p> 	<p>Systems Thinking Clinics</p> <p>Similar to action learning sessions, participants will have an opportunity to present their challenge /area of work and explore with the system experts' new approaches, solutions and advice about how to proceed to make their change programme work more effectively.</p> <p>Target Audience: those leading or directly involved in change which extends across more than one organisational boundary.</p> <p>Tuesday 14 November 9:00 am - 12:30 pm</p> 
<p>Coach Supervision with Jane Hartley</p> <p>In this supervision session you will have the opportunity to explore individual issues or questions, as well as themes shared by the group.</p> <p>Target Audience: SELA Coaches</p> <p>Tuesday 14 November 9:30 am - 11:30 am</p> 	<p>Coaching and Wellbeing - Coaching CPD webinar</p> <p>This session will enable coaches to understand more about their own stress triggers and opportunities for caring effectively for oneself along with helpful tips to support coachees</p> <p>Target Audience: SELA Coaches</p> <p>Tuesday 14 November 12:00 pm - 1:00 pm</p> 

Introduction to Leadership and Management – Leadership, Management and You

In this workshop we will explore ways to develop greater self-awareness through behavioural style testing, recognising our own strengths, weaknesses and ‘blind spots’ and how this contributes to increased Emotional Intelligence.

Target Audience: Aspiring leaders

[Thursday 16 November 9:30 am - 12:30 pm](#)



Coaching Supervision with Nicola Arnold

Coaching supervision provides a safe, supportive space to reflect on your coaching and increase your self-awareness to enhance your coaching competence and confidence.

Target Audience: SELA Coaches

[Thursday 16 November 10:00 am - 12:00 pm](#)



Leading Anchor Organisations Masterclass 3: The best job for the person – inclusive workforce and employment interventions

To consider leadership issues and deepen the understanding of anchor institutions and their potential to solve some NHS challenges and also reduce inequalities.

Target Audience: All public sector staff.

[Thursday 16 November 12:30 pm - 1:30 pm](#)






Leading Together: Support and Challenge for PCN Managers

An opportunity for PCN Managers to seek and offer peer support relating to the unique leadership challenges of this role.

Target Audience: SE PCN Managers

[Tuesday 21 November 1:00 pm - 2:30 pm](#)



<p>Time to Think: Leading with Compassion – Increasing Productivity</p> <p>Nancy Kline’s ‘Thinking Environment’ principles help leaders and managers make powerful choices and take positive action, improving their leadership and relationships. Four consecutive sessions over 4 weeks.</p> <p>Target Audience: Everyone is welcome.</p> <p>Cohort 1 starts 27 November 09:00am</p> <p>Cohort 2 starts 15 January 24 09:00am</p> <p> SL</p>	<p>Leading Anchor Organisations Masterclass 4: Public land public values – progressive NHS estates strategies?</p> <p>To consider leadership issues and deepen the understanding of anchor institutions and their potential to solve some NHS challenges and reduce inequalities.</p> <p>Target Audience: All public sector staff.</p> <p>Thursday 30 November 12:30 pm - 1:30 pm</p> <p> SL</p>
<p>Leadership Espresso: Maximising your Impact, Building Confidence and Gravitas</p> <p>A practical session to help you become a more compelling, engaging and effective presenter.</p> <p>Target Audience: Everyone is welcome.</p> <p>Tuesday 05 December 10:00 am - 12:00 pm</p> <p> LD</p>	

Please also see the following links to view and book onto our future events:

[December 2023 Offers](#)

[February 2023 Offers](#)

[January 2024 Offers](#)

[March 2024 Offers](#)

Coaching and Mentoring Ongoing Offers

[Access to a Coach or Mentor](#)

Coaching and mentoring is an inclusive, free offer available to all.

[Bitesize Coaching](#)

An opportunity to process experiences, develop coping skills and explore strategies to navigate challenging circumstances.

[Coaching for Inclusion and Allyship](#)

A coaching opportunity to support working with difference and supporting inclusivity and change, contributing to an inclusive culture, and developing self-awareness and personal development.

[Executive Coaching – Expert Coaching](#)

This one-to-one focused and bespoke relationship is often perceived as the most effective development intervention that a senior leader can access.

Talent Management

Are you in our [Talent Pool](#)?

E-Learning Offers

[Inclusive Leadership in Healthcare](#)

Develop inclusive and compassionate leadership skills to ensure diversity and equality in the health and care sector.

[Bitesize Learning – Shorts and Bites](#)

Our bitesize learning interventions are short, sharp and agile, with the ability to be accessed whenever is convenient for you.

[Looking after our people](#)

Concise tips, resources and signposting to help you find the right support for you and your team for now and the future.

[Edward Jenner Programme](#)

Your first port of call if you're looking to build a strong foundation of leadership skills.

[Career Resource Portal](#)

This is designed specifically to help support you in your career development. The tools and resources include career assessments, aptitude tests, interview simulators to name a few.

Additional Offers

Our System OD work

We are currently supporting SE region ICSs with facilitated support to develop leadership for effective provider collaboratives and to develop clinically driven cultures. Please email englandsell@nhs.net to find out more.

[Health and Care Women Leaders Network](#)

A strong, united and influential voice for women, embracing the multiple and intersectional identities that the word woman speaks to.

Connect with us



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[NHS SE Leadership Academy](#)

Via our [Talent South East](#) page or contact us at talent.southeast@england.nhs.uk