

SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – JANUARY 2022

At the South East Leadership Academy we have commissioned, curated and categorised a range of support to help nourish, retain and engage our people. See below for our current and upcoming offers. For all sessions please click on the links below or visit <https://se.leadershipacademy.nhs.uk/>

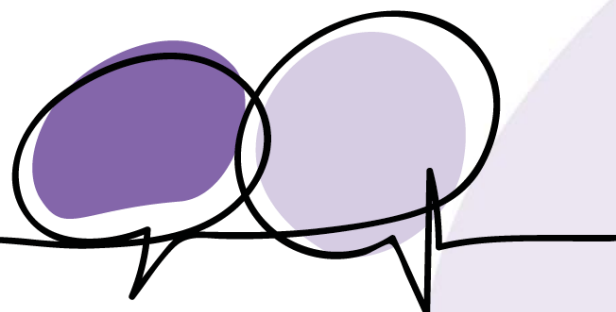


LEADERSHIP DEVELOPMENT & COACHING/MENTORING

11 th Jan	Masterclass: Mindfulness
12 th Jan	Espresso: Wellbeing looking after yourself and your teams
13 th Jan	Masterclass: Trauma informed Leadership (AM)
13 th Jan	Masterclass: Trauma informed Leadership (PM)
13 th Jan	Coach Developmental Group Supervision (Session 1 of 4)
17 th Jan	Espresso: Hybrid working
18 th Jan	Masterclass: Supportive Conversation with your people
18 th Jan	Coaching CPD: Coaching in Crisis
19 th Jan	Coaching CPD: for Time and Focus
19 th Jan	Masterclass: Mindfulness

LEADERSHIP DEVELOPMENT & COACHING/MENTORING

25 th Jan	Coaching CPD: Coaching in a crisis
25 th Jan	Population Health Management Approach to tackle inequalities
25 th Jan	Personal Impact, Influence and Networking
25 th Jan	Masterclass: Mindfulness
26 th Jan	Espresso: Challenging Conversations
26 th Jan	Espresso: Supporting the Talent in your Team
27 th Jan	Self Care
28 th Jan	Supporting Personal resilience by managing operational risk
28 th Jan	Masterclass: Trauma informed leadership
31 st Jan	Affect Real Change in your community to tackle inequalities
31 st Jan	Masterclass: Mindfulness
	Applications open – Developing a Coaching Culture



We each have
**a voice that
counts**

Key

	Open to all (inc NHS, social care, primary care)
	Open to specific groups

SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – JANUARY 2022 CONT

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SYSTEMS LEADERSHIP

[Applications open: Mary Seacole local facilitator training](#)

[Expert facilitation – ICS transformation leaders](#)

[System leadership behaviours – toolkit](#)

[Executive Suite](#)

[Action Learning Set – ICS transformation leaders](#)

[Personalised Executive Support](#)

[#Winter Warmers – Coffee connection for team leaders & managers](#)

[Executive Rest and Restore Spaces](#)

OFFERS FOR PRIMARY CARE

18th Jan [Supporting yourself and your teams](#)

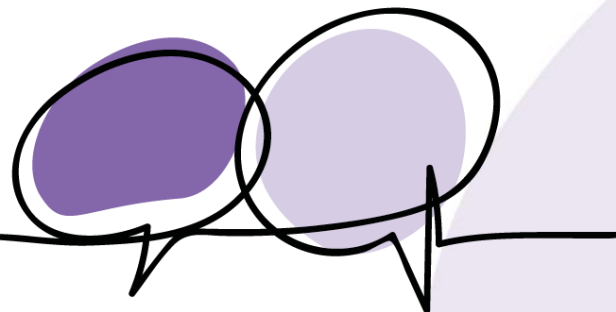
26th Jan [Primary Care: Sustaining a Good Team Culture](#)

GRADUATE MANAGEMENT TRAINING SCHEME

11th Jan [GMTS Engagement event](#)

20th Jan [GMTS Engagement event](#)

25th Jan [GMTS Engagement event](#)



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SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – FEBRUARY 2022

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LEADERSHIP DEVELOPMENT & COACHING/MENTORING

2 nd Feb	Coaching Supervisor Supervision: Lean and impactful
2 nd Feb	Conversations to Build Resilience (part 2)
3 rd Feb	Espresso: Acknowledge the Hurt
3 rd Feb	SELA Faculty CPD – Building Resilience
8 th Feb	Espresso: Supporting your Team when Noticing Burnout
8 th Feb	Espresso: Reset, renew and refocus
8 th Feb	Coaching Supervision with Fenella Trevillon
10 th Feb	Espresso: Giving and Receiving Effective Feedback
10 th Feb	Espresso: Leading through the Winter
16 th Feb	Coaching CPD: Coaching in a Crisis
17 th Feb	Coach Specialist: Executive Career Conversations
22 nd Feb	Mentoring CPD: Mentoring in a Crisis
21 st Feb	Espresso: Making Every Conversation Count
23 rd Feb	Espresso: Sustaining a Good Team Culture
24 th Feb	Coaching CPD: Personal Success – the mindset to thrive
28 th Feb	Espresso: The Art of Being Brilliant
	Applications open – Developing a Coaching Culture

SYSTEMS LEADERSHIP

Expert facilitation – ICS transformation leaders
System leadership behaviours – toolkit
Executive Suite
Action Learning Set – ICS transformation leaders
Personalised Executive Support

OFFERS FOR PRIMARY CARE

9 th Feb	Primary Care: Supporting yourself and your team
22 nd Feb	Ways of Thinking about Change
23 rd Feb	Facilitated Learning Sets for PCN Managers – Group 1

GRADUATE MANAGEMENT TRAINING SCHEME

1 st Feb	GMTS Engagement event
16 th Feb	Day 1 GMTS Alumni Mentor Training
18 th Feb	GMTS Flexi placement presentation Event

Key

Open to all (inc NHS, social care, primary care)

Open to specific groups

SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – MARCH 2022



At the South East Leadership Academy we have commissioned, curated and categorised a range of support to help nourish, retain and engage our people. See below for our current and upcoming offers. For all sessions please click on the links below or visit <https://se.leadershipacademy.nhs.uk/>

LEADERSHIP DEVELOPMENT & COACHING/MENTORING

2 nd March	Conversations to Build Resilience (part 1)
8 th March	Espresso: Supporting your Team when Noticing Burnout
8 th March	Espresso: Giving and Receiving Feedback
9 th March	Coaching Supervisor Supervision: Lean & Impactful
9 th March	Supervisor CPD: Less is More
9 th March	Coaching Supervision with Fenella Trevillon
10 th March	Espresso: Leading through the winter
15 th March	Coaching: State and Mindset Management
16 th March	Challenging Conversations
29 th March	Espresso: Leading through the winter
30 th March	Mentoring: CPD Strengths based mentoring
	Applications open – Developing a Coaching Culture

SYSTEMS LEADERSHIP

Expert facilitation – ICS transformation leaders
System leadership behaviours – toolkit
Executive Suite
Action Learning Set – ICS transformation leaders
Personalised Executive Support

OFFERS FOR PRIMARY CARE

1 st March	Espresso: Challenging Conversations
2 nd March	Facilitated Learning Sets for PCN Managers – Group 2
9 th March	Chairing impactful, inclusive & productive meetings
16 th March	Sustaining a good team culture

GRADUATE MANAGEMENT TRAINING SCHEME

2 nd March	Day 2 GMTS Alumni Mentor Training
9 th March	Day 3 GMTS Alumni Mentor Training

Key

	Open to all (inc NHS, social care, primary care)
	Open to specific groups



We are
always
learning

SOUTH EAST LEADERSHIP ACADEMY - ADDITIONAL OFFERS



At the South East Leadership Academy we have commissioned, curated and categorised a range of support to help nourish, retain and engage our people. See below for our current and upcoming offers. For all sessions please click on the links below or visit <https://se.leadershipacademy.nhs.uk/>

ONGOING OFFERS – AVAILABLE THROUGHOUT THE YEAR

Coaching & Mentoring	Crisis Coaching An opportunity to process experiences, develop coping skills and explore strategies to navigate challenging circumstances
	Access to a Coach or Mentor Coaching and mentoring is an inclusive, free offering available to all.
	Executive Coaching – Expert Coaching This one to one focused and bespoke relationship is often perceived as the most effective development intervention that a senior leader can access.
	Safe Space conversations For senior clinical leaders these conversations will offer the opportunity to reset, bolster resilience, reinforce leadership skills and enhance personal effectiveness.
Leadership Development	Bitesize Learning – Shorts & Bites Our bitesize learning interventions are short, sharp and agile, with the ability to be accessed whenever its convenient for you.
	Looking after our people Concise tips, resources and signposting to help you find the right support for you and your teams for right now and beyond.
	Edward Jenner Your first port of call if you're looking to build a strong foundation of leadership skills

KEEP AN EYE OUT FOR

Leadership programme exploring the *scale and spread for innovation*

Next instalment for system leaders following on from our very successful *Leading for transformation in 2022*

Our programme of events for April onwards

WHAT ELSE?

Our System OD Work

We are currently supporting a number of ICS's with facilitated support to develop leadership for effective provider collaboratives and to develop clinically driven cultures. Please contact beth.hill@leadershipacademy.nhs.uk to find out more

Collaborative Practice

We are currently supporting 12 GP Practices across the South East through the Innovative [Collaborative Practice](#) programme to find a new way of organising to manage demand and improve outcomes. To find out more about the programme and understand how you can get involved in the lessons coming out from it, please contact Jayne.beresford@leadershipacademy.nhs.uk

ICS Collaboration

We are currently supporting each ICS with local place-based offers and the development of effective Integrated Care Boards and further transition support. Please contact ali.jennings@leadershipacademy.nhs.uk to find out more

Developing the South East Regional Talent & Leadership Alliance and ICS Talent and Leadership Alliances

We are working across the region and in each ICS to support collaboration and partnerships that maximise the impact of all of our leadership and talent offers at organisation, place and system. Contact Beth.Hill@leadershipacademy.nhs.uk to find out more