

# Systems and Relational Leadership modules

South East

The Leadership Learning Academy has developed ten Systems and Relational leadership modules in partnership with Tricordant. The resources are for leaders in health and care looking to learn more about leading and working collaboratively across organisational, professional and sector boundaries to improve healthcare and wellbeing for their population.

#### Each module contains:

- 1. An introduction with links to practical tools and further reading
- 2. A short video
- 3. Reflective diary questions to consider individually or with others.

The modules can be dipped into as and when it's convenient or relevant and are open to colleagues from the NHS, primary care, local authority, voluntary and independent sectors.

A list of the modules are listed in the box below.

Introduction to systems	Collaborations – what makes them
video: 17 mins	tick
	video: 20 minutes
Collaboration – keys to success	Complicated or complex
video: 13 minutes	Video: 18 minutes
Agile project working	Working with complexity
Video: 13 minutes	Video: 22 minutes
Leading in complexity	Working with tensions
Video: 16 minutes	Video: 13 minutes
Getting beyond stuckness – tools for	System leadership: in their own
shifting patterns	words
video: 24 minutes	Intro: 4 minutes
	Ways of being: 4 minutes
	Ways of feeling: 3 minutes
	Ways of perceiving: 5 minutes
	Ways of thinking: 3 minutes
	Ways of relating: 7 minutes
	Ways of doing: 3 minutes

The resources include links to the work of The Kings Fund, the Civil Service, Katz & Miller, Chris Aygris, The Leadership Centre, Peter Senge, Kestenbaum, Timms & Heimans, The Arbinger Institute, Professor Michael West, The Cynefin Framework developed by Dave Snowdon and colleagues, Glenda Eoyan and Dr Mee Yan Cheung, Human System Dynamics Institute, Melinda Butsch Kovacic and the North West Leadership Academy.

## Download a certificate:

Once a module is completed you can download a certificate of completion.

# You can access the modules for free:

Register for the NHS South East Leadership Learning Academy Leadership Learning Zone (LLZ)

Access is free to users as the cost of licences is funded by the SELA. To maximise value for money individuals accounts will **automatically expire** if their account is not used for a period of three months.

## **Module Feedback:**

It's our aim to continually review and add to the modules. Each module has a post module evaluation questionnaire. Please do provide feedback as we are keen to improve the content and to continue to curate and develop additional resources. In addition, if you have resources, you think others would find valuable please do share with the leadership academy by emailing england.sell@nhs.net

# **#SystemLeadership**



