

A leadership programme to support social prescribing and other personalised care roles in primary care

SOUTH EAST

Nurturing local leaders
to make a difference

Open to social prescribing link workers, care coordinators and health and wellbeing coaches in the South East Region – from NHS, councils and the voluntary sector

The programme is free of charge

Applications are invited from teams and individuals who want to develop their leadership skills to support social prescribing, health and wellbeing coaching and care coordination.

You could be working in the community, general practice, mental health services, community services, acute services or in councils or the voluntary sector.

It will suit you if:

- You want to develop the leadership skills to be able to support staff and volunteers most effectively
- You want to support the resilience of others and to influence and make a difference to how things happen in the wider system
- You want to get the best possible outcomes for people on the receiving end of social prescribing, health and wellbeing coaching and care coordination
- You are committed to giving your time to share, learn, be curious and to take the learning back into your local places

What the programme will cover

The programme consists of four half-day modules. To make it easier for you to attend, it will take place online via Zoom, which allows participants to engage in group conversations, undertake smaller group work, welcome guest speakers, watch video and presentations and work interactively with each other.

Module overview

- **Module 1 – 13th October 2022**
9:30am – 12:30pm
 - Skills for coaching staff & volunteers
- **Module 2 – 20th October 2022**
9:30am – 12:30pm
 - Skills for mentoring staff & volunteers
- **Module 3 – 9th November 2022**
9:30am – 12:30pm
 - Supervision skills
- **Module 4 – 24th November 2022**
9:30am – 12:30pm

Multi-disciplinary ways of working
e.g. case conferences

Making personalised care happen calls for new types of leaders who can work across organisational boundaries, make connections and bring staff, people and communities together to drive change

Each of the four half day modules will be made up of the following elements:

- **Developing deeper understanding and knowledge**
- **Application of ideas**
- **Building skills**
- **Peer support**
- **Advice surgeries.**

To get the most out of the programme participants will be asked to do some preparation before and during the course which may include preparing for virtual learning, some reading, videos, and podcasts.

“

This will really help with our engagement with GPs and confidence in opening those conversations and establishing those relationships.

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Course participant

“

I got a lot out of talking through real life examples. It made me more open to talking through these things with colleagues and pre-planning for feedback and supervision.

”

Course participant



This programme is a partnership offer, brought to you from the NHS Leadership Academy (South East) and the Leadership for Personalised Care team in NHS England, through our delivery partner Altogether Better.

Personalised Care is set out in the NHS Long Term Plan with the aim of giving people choice and control in their lives and over decisions that affect them. It is a vital tool in improving population health and reducing inequalities. Supporting people to self manage their health through better coordination, coaching support and connecting people to communities and social supports through social prescribing are key elements of personalised care.

The programme will be delivered by Altogether Better – an NHS national network organisation. It is a tried and tested development opportunity for people working in personalised care roles to acquire the skills, tools and understanding they need to thrive in their current and future leadership roles.

How to apply

To apply for a place on the programme or if you'd like to find out more, please email england.leadership@nhs.net

Closing Date: 5th September 2022

We will let you know if you've been allocated a place as soon as possible after the closing date.