

# Regional Leadership for Personalised Care programme

**SOUTHEAST**

Bringing local leaders together  
to make a difference

**Open to cross sector groups of leaders from  
NHS, councils, and the voluntary sector (VCSE)**

**The programme is free of charge**

**Applications are invited from groups  
of leaders from different sectors  
and organisations across a place.**

**It will suit you if:**

- You want to meet the new challenge of making personalised care a reality in the NHS as set out in the Long Term Plan
- You want to ensure that services are planned and delivered based on 'what matters' to people
- You want to develop expertise in partnership working across boundaries and co-production with people and communities
- You want to do more to build community capacity.

The programme is co-delivered by national experts, many of whom have lived experience and a long history of leading change.

It consists of three virtual full day regional workshops in 2022 on the dates listed below. The programme also includes three lots of two hour Action Learning Sets and a bespoke hour and a half workshop on co-production.

- **Tuesday September 27th – Day 1**
- **Tuesday October 11th – Day 2**
- **Thursday November 17th – Day 3**

**The programme will include:**

- The components of Personalised Care and what it means in your local context
- Building skills in relating and storytelling to help you make your case for change
- Collaborative leadership, host leadership and leading in complex systems
- Your collective leadership strengths and how to bring others on board
- Making co-production happen – with people on a 1-2-1 basis and with local communities
- Helping you develop your local plan for change.



**Personalised care is set out in the NHS Long Term Plan with the aim of giving people choice and control in their lives and over decisions that affect them. It is a vital tool in improving population health and reducing inequalities.**

**Personalised care means changing the clinical conversation to ensure shared decisions and co-produced care and support plans, providing self-management support to help people manage long-term conditions well and connecting people to communities and social supports through social prescribing.**

“

*Fantastic. A time for reflection, thinking about my role as a leader within a complex programme of work.*

”

Participant in the national leadership programme

“

*This course has given me the chance to reflect and talk to others about how to improve working within our system.*

”

Participant in the national leadership programme



## Leadership for Personalised Care

Making personalised care happen calls for new types of leaders who can work across organisational boundaries, make connections and bring staff, people and communities together to drive change.

Building on the success of the national programme, we are pleased to offer this place-based programme, initially to a small number of teams in the **SOUTH EAST** Region.

Places are limited and there are some criteria you need to meet:

- Ideally we encourage you to bring 3-4 people with you from your 'place', representing different sectors, who can commit to all three days. You are more likely to succeed leading personalised care if you have others on the journey with you
- A place can be a Primary Care Network (PCN) or neighbourhood, Integrated Care System (ICS) or town/city, or some other geographical place that makes sense for you and your local community
- Groups must be diverse and not just drawn from the NHS – ideally including someone with lived experience, someone from the voluntary sector and someone from social care/the local authority in addition to NHS staff
- Our programmes attract people from across the health, social care, voluntary and third sector. Previous participants have included GPs, practice managers, local government officers working in social care, housing and communities, social prescribing link workers, system leaders, voluntary sector leads, councillors and hospital based clinical leads. We encourage you to come as a team and bring a local citizen leader on the journey with you.

## How to apply

To apply, please complete this **application form** on behalf of your group, if you have any questions please email us on [england.leadership@nhs.net](mailto:england.leadership@nhs.net)

## Closing Date: Tuesday 16th August

We will let you know if you've been allocated a place as soon as possible after the closing date.