

# SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – MARCH 2022

At the South East Leadership Academy we have commissioned, curated and categorised a range of support to help nourish, retain and engage our people. See below for our current and upcoming offers. For all sessions please click on the links below or visit <https://se.leadershipacademy.nhs.uk/>



## LEADERSHIP DEVELOPMENT & COACHING/MENTORING

1 <sup>st</sup> March	<a href="#">Masterclass: Leading conversations to build resilience</a>
1 <sup>st</sup> March	<a href="#">Coach Inclusion &amp; Allyship Programme</a>
2 <sup>nd</sup> March	<a href="#">Masterclass: Virtual Leadership</a>
2 <sup>nd</sup> March	<a href="#">Espresso: Conversations to Build Resilience (part 1)</a>
8 <sup>th</sup> March	<a href="#">Espresso: Supporting your Team when Noticing Burnout</a>
8 <sup>th</sup> March	<a href="#">Espresso: Giving and Receiving Feedback</a>
9 <sup>th</sup> March	<a href="#">Coaching Supervisor Supervision: Lean &amp; Impactful</a>
9 <sup>th</sup> March	<a href="#">Supervisor CPD: Less is More</a>
9 <sup>th</sup> March	<a href="#">Coaching Supervision with Fenella Trevillon</a>
10 <sup>th</sup> March	<a href="#">Masterclass: Leading with Compassion and moral purpose</a>
10 <sup>th</sup> March	<a href="#">Espresso: Leading during challenging times</a>
15 <sup>th</sup> March	<a href="#">Coaching: State and Mindset Management</a>
16 <sup>th</sup> March	<a href="#">Masterclass: Challenging Conversations</a>
17 <sup>th</sup> March	<a href="#">Espresso: Mindout - LGBTQ Identities and Mental Health</a>
28 <sup>th</sup> March	<a href="#">Espresso: Mindout- understanding Intersectionality and Minority Stress</a>
29 <sup>th</sup> March	<a href="#">Espresso: Leading during challenging times</a>
30 <sup>th</sup> March	<a href="#">Mentoring: CPD Strengths based mentoring</a>

## SYSTEMS LEADERSHIP

<a href="#">Expert facilitation – ICS transformation leaders</a>
<a href="#">System leadership behaviours – toolkit</a>
<a href="#">Executive Suite</a>
<a href="#">Action Learning Set – ICS transformation leaders</a>
<a href="#">Personalised Executive Support</a>
<a href="#">Systems Learning into Practice – Leading Transformation Series</a>
<a href="#">Systems Leadership Programme: Leading Innovation in Systems</a>

## OFFERS FOR PRIMARY CARE

Various Dates	<a href="#">Handling Difficult Situations with Compassion</a>
1 <sup>st</sup> March	<a href="#">Espresso: Challenging Conversations</a>
2 <sup>nd</sup> March	<a href="#">Facilitated Learning Sets for PCN Managers – Grp 2</a>
9 <sup>th</sup> March	<a href="#">Chairing impactful, inclusive &amp; productive meetings</a>
9 <sup>th</sup> March	<a href="#">Support – managing issues around staff vaccination</a>
16 <sup>th</sup> March	<a href="#">Sustaining a good team culture</a>

## GRADUATE MANAGEMENT TRAINING SCHEME

2 <sup>nd</sup> March	<a href="#">Day 2 GMTS Alumni Mentor Training</a>
9 <sup>th</sup> March	<a href="#">Day 3 GMTS Alumni Mentor Training</a>

We are  
**always**  
**learning**

# SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – APRIL 2022

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## LEADERSHIP DEVELOPMENT & COACHING/MENTORING

4 <sup>th</sup> April	<a href="#">BAME Women's Leadership Development Programme</a>
5 <sup>th</sup> April	<a href="#">Espresso: Supporting your people when noticing burnout</a>
7 <sup>th</sup> April	<a href="#">Espresso: Rising Stronger from Mental Health to Mental Wealth</a>
7 <sup>th</sup> April	<a href="#">Coaching Supervision with Fenella Trevillon</a>
12 <sup>th</sup> April	<a href="#">Espresso: Mindout - Trans Inclusion</a>
13 <sup>th</sup> April	<a href="#">Espresso: Conversations to build resilience (pt 2)</a>
19 <sup>th</sup> April	<a href="#">I'm a Person too – ALS to support frontline workers</a>
21 <sup>st</sup> April	<a href="#">Coach Developmental Group Supervision</a>
21 <sup>st</sup> April	<a href="#">Espresso: Supporting you with meaningful mediation skills</a>
26 <sup>th</sup> April	<a href="#">Maternity Support: Understanding the Psychology of Now</a>
26 <sup>th</sup> April	<a href="#">Espresso: I, We, All Masterclass</a>
27 <sup>th</sup> April	<a href="#">Espresso: Leading with Kindness</a>
28 <sup>th</sup> April	<a href="#">Espresso: Leading during challenging times</a>
28 <sup>th</sup> April	<a href="#">HR Professionals: Exploring workplace conflict</a>

## SYSTEMS LEADERSHIP

<a href="#">Expert facilitation – ICS transformation leaders</a>
<a href="#">System leadership behaviours – toolkit</a>
<a href="#">Executive Suite</a>
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<a href="#">Personalised Executive Support</a>

## OFFERS FOR PRIMARY CARE

Coming soon

## GRADUATE MANAGEMENT TRAINING SCHEME

14 <sup>th</sup> April	GMTS Programme and Placement Manager Network Meeting – For anyone wanting to join please email <a href="mailto:gmts.sell@leadershipacademy.nhs.uk">gmts.sell@leadershipacademy.nhs.uk</a>
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### Key

	Open to all (inc NHS, social care, primary care)
	Open to specific groups



We are  
**safe** and  
**healthy**

# SOUTH EAST LEADERSHIP ACADEMY DEVELOPMENT OPPORTUNITIES – MAY 2022

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## LEADERSHIP DEVELOPMENT & COACHING/MENTORING

3 <sup>rd</sup> May	<a href="#">Espresso: Disability inclusion masterclass</a>
4 <sup>th</sup> May	<a href="#">Espresso: Sustaining a good team culture</a>
10 <sup>th</sup> May	<a href="#">Espresso: Disability inclusion masterclass</a>
12 <sup>th</sup> May	<a href="#">Espresso: Wellbeing</a>
17 <sup>th</sup> May	<a href="#">Espresso: Leading during challenging times</a>
17 <sup>th</sup> May	<a href="#">Maternity Support: Understanding the Psychology of Now</a>
19 <sup>th</sup> May	<a href="#">Espresso: Disability inclusion masterclass</a>

## SYSTEMS LEADERSHIP

<a href="#">Expert facilitation – ICS transformation leaders</a>
<a href="#">System leadership behaviours – toolkit</a>
<a href="#">Executive Suite</a>
<a href="#">Action Learning Set – ICS transformation leaders</a>
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### Key

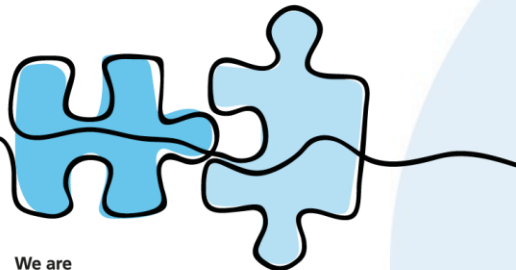
	Open to all (inc NHS, social care, primary care)
	Open to specific groups

## OFFERS FOR PRIMARY CARE

Coming soon

## GRADUATE MANAGEMENT TRAINING SCHEME

Coming soon



We are  
**a team**

# SOUTH EAST LEADERSHIP ACADEMY - ADDITIONAL OFFERS



At the South East Leadership Academy we have commissioned, curated and categorised a range of support to help nourish, retain and engage our people. See below for our current and upcoming offers. For all sessions please click on the links below or visit <https://se.leadershipacademy.nhs.uk/>

## ONGOING OFFERS – AVAILABLE THROUGHOUT THE YEAR

Coaching & Mentoring	<a href="#">Crisis Coaching</a> An opportunity to process experiences, develop coping skills and explore strategies to navigate challenging circumstances
	<a href="#">Access to a Coach or Mentor</a> Coaching and mentoring is an inclusive, free offering available to all.
	<a href="#">Executive Coaching – Expert Coaching</a> This one to one focused and bespoke relationship is often perceived as the most effective development intervention that a senior leader can access.
	<a href="#">Safe Space conversations</a> For senior clinical leaders these conversations will offer the opportunity to reset, bolster resilience, reinforce leadership skills and enhance personal effectiveness.
Leadership Development	<a href="#">Bitesize Learning – Shorts &amp; Bites</a> Our bitesize learning interventions are short, sharp and agile, with the ability to be accessed whenever its convenient for you.
	<a href="#">Looking after our people</a> Concise tips, resources and signposting to help you find the right support for you and your teams for right now and beyond.
	<a href="#">Edward Jenner</a> Refreshed: Your first port of call if you're looking to build a strong foundation of leadership skills

## KEEP AN EYE OUT FOR

Leadership programme exploring the *scale and spread for innovation*

***Our programme of events for April onwards***

## WHAT ELSE?

### Our System OD Work

We are currently supporting a number of ICS's with facilitated support to develop leadership for effective provider collaboratives and to develop clinically driven cultures. Please contact [beth.hill@leadershipacademy.nhs.uk](mailto:beth.hill@leadershipacademy.nhs.uk) to find out more

### Collaborative Practice

We are currently supporting 12 GP Practices across the South East through the Innovative [Collaborative Practice](#) programme to find a new way of organising to manage demand and improve outcomes. To find out more about the programme and understand how you can get involved in the lessons coming out from it, please contact [Jayne.beresford@leadershipacademy.nhs.uk](mailto:Jayne.beresford@leadershipacademy.nhs.uk)

### ICS Collaboration

We are currently supporting each ICS with local place-based offers and the development of effective Integrated Care Boards and further transition support. Please contact [ali.jennings@leadershipacademy.nhs.uk](mailto:ali.jennings@leadershipacademy.nhs.uk) to find out more

### Developing the South East Regional Talent & Leadership Alliance and ICS Talent and Leadership Alliances

We are working across the region and in each ICS to support collaboration and partnerships that maximise the impact of all of our leadership and talent offers at organisation, place and system. Contact [Beth.Hill@leadershipacademy.nhs.uk](mailto:Beth.Hill@leadershipacademy.nhs.uk) to find out more