

# Leadership Bites: Life, Leadership & You

LEADERSHIP LEARNING IN 20 MINUTES

**NHS**

**Leadership Academy**

**South East**

## Introduction

Like so many things the leadership journey begins within. It starts with reflecting on / becoming aware of your journey, learning, passion, skills, talents, vision, mission and purpose. It's then about understanding your organisation, industry, team, colleagues target audience(s) and those you serve – and then acting strategically, mindfully, collaboratively, flexibly and authentically. It's a learning journey.

### KEY INSIGHT:

“IN LEADERSHIP, LIFE AND ALL THINGS IT'S FAR WISER TO JUDGE PEOPLE BY THEIR DEEDS THAN THEIR SPEECH - THEIR TRACK RECORD RATHER THAN THEIR TALK” – RASHEED OGUNLARU”

## Knowing yourself

Complete the following sentences:

- **My passion is...**
- **My skills, strengths and talents are....**
- **My mission is....**
- **My vision is....**

## Being strategic

To be a really effective leader you need to be strategic and that means that you need to understand.

- **Your organisation:** its vision, values, priorities, key strategies, its people, policies and procedures
- **Your context:** what are the key factors in your industry, locality, community, technology, economy?
- **Key players:** within your organisation and externally. Map out all the key stakeholders
- **Strategy / action plan:** Do you have one? Is it fit for purpose? Review, revise or write one.

## What would success look like / be like?

Take 10minutes (now or schedule it in) to consider and write down what success would look and be like for each of these audiences. You must be super specific (who, what, how, where, when, how many etc.)

- For you personally?
- For you in your role?
- For your team / department
- For your Trust / organisation
- For your stake holders.

### Further learning ...

For further information and learning, as well as suggested activities, feel free to visit the [People.NHS.uk](https://www.People.NHS.uk) website or our [South East Leadership Academy site.](#)



## Give it a go.... Moving from strength to strength

Take a few minutes to complete this leadership self-development sheet. It will help boost yourself awareness and help you identify key areas to work on and contacts to build.

Using the table below, ask 5-10 people you know and trust to share;

- 10 strengths and 1 tip for development
- Open a document called accomplishments and list all of the accomplishments you can think of
- Open an email folder called 'feedback' and save all of the positive comments which you receive from others, including those from this activity.

Take time to read over these now and again, and I'll make all the difference to how you show up, how you feel and how you perform.

<b>I would say</b>	<b>Others would say</b>
<b>Strengths, skills &amp; talents</b>	<b>Strengths, skills &amp; talents</b>
<b>3 skills to develop</b>	<b>3 skills to develop</b>
<b>Contacts to add / build / develop</b>	<b>Contacts to add / build / develop</b>

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# Time to reflect...

Take some time to note down your thoughts on what you've learned.

What resonated?

What has made you curious?

What small changes could you make to start having an impact differently and quickly?



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