

Coaching through crisis and recovery: Resources for managers

Introduction

This resource pack has been designed for people who would like to use a coaching style approach. It provides practical ideas and suggestions on how to encourage and facilitate supportive conversations.

Webinar 3: Coaching Style Conversations through crisis and recovery - *You don't need to be a coach to have a coaching style conversation.*

[Click here to watch \(38 min\)](#) and [click here](#) to view the resources for managers PowerPoint slides.

If you would like to discuss coaching support or other available from NHS South East Leadership & Lifelong Learning Team (previously Leadership Academy), please contact Kerry Moody, Senior Leadership Development Lead at kerry.moody@leadershipacademy.nhs.uk

If you would like to discuss any of the exercises or materials covered in this resource pack, please contact Rebekah Giffney at Rebekah@rebekahgiffney.com

Rebekah Giffney

Rebekah is an experienced Chartered Occupational Psychologist, registered with the HPCP and BPS, who has over 15 year of experience in optimising the potential of individuals, teams and organisations across health and care settings.

