

Groups disproportionately impacted by Covid

In our conversation Tanya quite highlights that “we are all navigating the same storm but in different size boats”. The impact of Covid is more significant in certain groups, including children and young people from BAME groups and LGBTQ+, children from low-income households, children with disabilities or special educational needs and those with pre-existing mental health conditions.

You must remember you are not alone and there are others like you, facing similar circumstance and difficulties and reaching out to your local community and support groups can really help you navigate through this pandemic and support your child and you as a parent or carer.

Below we have listed links to some support groups that may be helpful:

- For LGBTQ+ [click here](#)
- For children with disabilities [click here](#) and [here](#) and [here](#)
- Special educational needs [click here](#)
- Autism needs [click here](#)