

COVID-19 has affected us all

Health and wellbeing support is available

Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

 0800 0696 222

 'frontline' to 85258

 people.nhs.uk

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A large, semi-transparent blue circle is overlaid on the right side of the image. Inside this circle, the text 'COVID-19 has affected us all' is written in a large, white, bold, sans-serif font. Below this, the text 'Health and wellbeing support is available' is written in a smaller, white, sans-serif font. The background of the circle shows a blurred image of a person working at a desk with a computer monitor.

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A photograph of a woman, Ameisha, is on the left side of the image. She is wearing a patterned headwrap, large hoop earrings, and a green NHS uniform jacket. Her name tag reads 'Ameisha Receptionist'. She is sitting at a desk, talking on a telephone. In the background, there is a computer monitor and some office equipment.

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A woman with dark hair and glasses, wearing a light blue NHS lab coat and a white apron, is looking down at a clipboard in a clinical setting.

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A decorative graphic on the left side of the page depicts a stylized tree. The trunk and branches are represented by blue and orange lines. Various colored circles (orange, blue, green, purple, red, yellow, pink) are attached to the branches, resembling leaves or data points. The graphic is positioned to the left of the central text and list.

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A photograph of a man with a beard and glasses, wearing blue NHS scrubs and a green wristwatch, looking slightly to the side. The background is a blurred clinical setting.

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