

Need advice?

We can all face problems that seem complicated or intimidating.

We're running a free, confidential and impartial advice service, offering NHS Staff and volunteers practical help.

You can ask for advice about anything, whoever you are and whatever your problem.

- Benefits
- Debt
- Housing
- Immigration
- Work
- Family
- Something you bought

Get in touch at

www.citizensadvice.org.uk/nhswellbeing
and we'll give you a call back.

Contact us before the 21st May 2020.

This service is being piloted in the South East to help Citizens Advice understand how we can best support you during the Covid-19 pandemic.

**citizens
advice**

