

# 3 Ways to be inclusive

## Resilient and compassionate leadership



### 1 Be prepared

#### Ask 3 simple questions

What populations do we serve?



What specific needs do they have?



What are we doing to be well prepared?

Remember there will be people in your organisation and the community who are there to help you.



### 2 Be open and flexible

One way to being an open and flexible leader is by paying attention to your own wellbeing.

- What is going to help me feel rested, nourished and refreshed before work?
- What concerns do I have and who is the best person to talk to about them?
- What could I do that might help me support my wellbeing at work?

### 3 Be compassionate

- Be attentive to the needs of everyone.
- Be mindful of biases.
- Be an advocate for those whose voices sometimes go unheard.
- Be curious and seek to understand people's needs. Listen with fascination.
- Remember compassion is an action not a sentiment.