**Team time**

*Just before we start*

* Right now, I am feeling
* A challenge to me today is
* I am looking forward to
* What I need right now is
* Something I need to say is

**Team time**

*Just before we go*

* Right now, I am feeling
* A moment I found difficult was
* I was pleased when I
* Something positive I want to say to a team member is
* Something I am really looking forward to is